




NEHRU MEMORIAL COLLEGE (Autonomous)  
(Reaccredited with 'A+' Grade by NAAC)  
Puthanampatti-621007

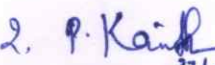


PG & RESEARCH DEPARTMENT OF MATHEMATICS  
ACEM MEDITATION TRAINING PROGRAMME (26.07.2022)

REPORT

PG & Research Department of Mathematics, Nehru Memorial College, Puthanampatti conducted **ACEM Meditation Training Programme** on 26 July 2022 at 10.00 a.m. The objective of the programme is to learn the meaning and benefit of meditation. **Dr. V. Mohana Selvi**, Assistant Professor of Mathematics delivered the welcome address. **Dr. V. Saavithri**, Associate Professor of Mathematics and Head spoke on the purpose of the programme. **Dr. P. Kavitha**, Assistant Professor of Mathematics introduced the chief guests. **Dr. A. R. Ponperiasamy**, Principal, Nehru Memorial College, presided over the function. **Shri. I. Jayaraj**, South East Asia Coordinator, ACEM India delivered key note address and **Shrimathi. Kalpana Jeyaraj**, General Secretary, ACEM India has conducted the meditation class. **About 100 students** from B. Sc. Mathematics, B. Sc. Computer Science and Research Scholars participated. Participants learned how to concentrate through the de-concentrate meditation method. **Dr. S. Dhivya**, Assistant Professor of Mathematics proposed the Vote of thanks. **Dr. V. Mohana Selvi** and **Dr. P. Kavitha** are the programme coordinators.

1.  (Dr. V. MOHANA SELVI)  
27/7/22

2.  (Dr. P. KAVITHA)  
27/7/2022

Programme coordinators

  
27/07/22

HoD

  
Principal

**Dr. A.R. PONPERIASAMY,**  
M.Sc.(Phy), M.Sc.(CS), PGDCA., MCA., M.Phil., Ph.D.,  
Principal

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